

**REQUEST FOR AND AUTHORIZATION TO RELEASE  
MEDICAL RECORDS OR PROTECTED HEALTH INFORMATION**

PATIENT INFORMATION		
Name:	Medical Record #:	
Birthdate:	Phone Number:	Request Date:
PROTECTED HEALTH INFORMATION MAY BE DISCLOSED BY:		
Person/Facility:	Phone:	Fax:
Address:		
PROTECTED HEALTH INFORMATION MAY BE DISCLOSED TO:		
Person/Facility:	Phone:	Fax:
Address:		
FORMAT REQUESTED FOR INFORMATION TO BE PROVIDED		
<input type="checkbox"/> Paper <input type="checkbox"/> Electronic Media		
PREFERRED METHOD OF DELIVERY		
<input type="checkbox"/> Pick up at One Community Health <input type="checkbox"/> Mail to Address Listed Below <input type="checkbox"/> Release to MYCHART Account <input type="checkbox"/> Email to: _____ <input type="checkbox"/> Encrypted <input type="checkbox"/> Unencrypted		
<p>The health information will be sent via encrypted email unless I specify otherwise. By requesting unencrypted email, I acknowledge there is some risk that my health information could be accessed by a third party.</p>		
PROTECTED HEALTH INFORMATION TO BE DISCLOSED		
<p><b>Specify records to be released and /or disclosed:</b></p> <input type="checkbox"/> General Medical Information (from _____ to _____) <input type="checkbox"/> Information Regarding Specific Injury or Treatment (from _____ to _____) <input type="checkbox"/> X-Ray/Laboratory Results of (from _____ to _____) <input type="checkbox"/> Mental Health* (from _____ to _____) Required Initials _____ <input type="checkbox"/> Alcohol/Drug** (from _____ to _____) Required Initials _____ <input type="checkbox"/> HIV Test Results (from _____ to _____) Required Initials _____ <input type="checkbox"/> Other (Specify) _____		

## YOUR RIGHTS

### YOUR RIGHTS

This authorization to release health information is voluntary. Treatment, payment, enrollment or eligibility for benefits may not be conditioned on signing this form. I understand that I may revoke this authorization in writing at any time. I understand my revocation will NOT affect any disclosures that occurred before One Community Health received and processed a written notice of revocation.

I understand that if I do not specify a duration and if I do not revoke it, this authorization will automatically expire one year from the date of signature below. Unless otherwise revoked, this authorization expires \_\_\_\_\_ (insert date).

To revoke this authorization, I understand that I must send a written request to One Community Health, ATTN: Health Information Management, 1500 21<sup>st</sup> Street, Sacramento, CA 95811.

I am entitled to receive a copy of this authorization.

## NOTICE

Fees may apply for copies of your records. Unless required by law, California law prohibits the recipient from further disclosing your health information unless the recipient obtains another authorization from you. If you have authorized the disclosure of your health information to someone who is not legally required to keep it confidential, it may no longer be protected by state or federal confidentiality laws. Processing records may take up to 15 days or as required by law.

## SPECIAL RECORDS

**\*Rights regarding Mental Health information:** A separate authorization form must be completed to authorize the disclosure or use of psychotherapy notes, as defined under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.F.R. pts 160 & 164. With certain exceptions, you have the right to inspect/receive a copy of your personal health information. In limited circumstances we may deny you access to your own mental health information if your provider determines this may cause harm. If you are denied access, you have the right to have your denial reviewed.

**\*\*Rights regarding substance use disorder records:** Substance use disorder records are protected under the Federal regulations governing Confidentiality and Substance Use Disorder Patient Records, 42 C.F.R. Part 2 and HIPAA, and cannot be disclosed without my written consent unless otherwise provided for by the regulations.

